

## **Emergency First Aid At Work** **HSE Licensed Training**

**This is a One Day Course (6 hours)**

### **Course Overview**

The new First Aid at Work Guidelines for Employers from the Health and Safety Executive are effective from 1<sup>st</sup> October 2009. The new type of first aid needs assessment will identify what type of first aid training your first aiders will need, how many first aiders you need and where they should be located.

### **Coverage**

Acting safely, promptly and effectively in an emergency  
Cardio Pulmonary Resuscitation (CPR)  
Treating an unconscious casualty (including seizure)  
Choking  
Wounds and bleeding  
Shock  
Minor injuries  
Preventing cross infection, recording incidents and actions and the use of available equipment



**QHSS COST PER PERSON INCLUSIVE OF LIGHT LUNCH, REFRESHMENTS,  
COURSE HANDOUTS AND CERTIFICATE: £80.00 + VAT**

**CALL ALISON FOR DATES AND BOOKINGS ON 01282 839 103 OR**

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Or visit the WEBSITE at [www.qhs-solutions.com](http://www.qhs-solutions.com)

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